

JAVERIA M. RAFIQ
SHEIKH

Objective

Seeking for a job in a pharmaceutical company to observe and use cognitive and industrial skills, looking forward in conducting research first hand and procure to creep up in work experience and in developing skills.

Work experience

Lecturer – Jinnah University for Women

July'16- to date

Conducting class and labs for undergraduate studies courses allotted are, biochemistry, physiology and physical pharmacy, apart from academic activities i am also involved in organizing extracurricular activities, assist my seniors in research studies and article reviewing

Intern – Indus Pharma

April' 15- may'15

Operational internship

Rotation in all functions of the industry

Academic qualification

Enrolled in M. PHIL program, Pharmaceutics, University of Karachi. 2017

Jinnah University for Women.

Degree holder, gold medalist of batch 2015.

2015

- Final CPGA is 3.93
- GPS of final semester 3.98
- Achieved 4 GPA in 6th and 9th semester

Intermediate

Govt. College for women Sharah-e-Liquat

2009

- Attain A-grade, HSC board Karachi

Matriculation

Guards public higher secondary school

2007

- Attain A-1 grade, SSC board Karachi

Skills

- Have user knowledge of MS office (2007 and 2010) and HTML
- Sufficient knowledge of website designing and other official work and working on SPSS software.

Personal skills

- Energetic
- Creative and innovative
- Quick learner
- Capable of doing work as individual or part of team

- Problem solving\critical thinking skills
- Ability to alter activities to accommodate changes
- The ability to do things before the dead line
- Fluent in English and Urdu
- Excellent communication and interpersonal skills

Additional Information

- Have a hand in research of Anti-depressant activity of apple cider vinegar
- Achieved 2nd position in poster competition in Ziauddin medical college (apple cider vinegar)
- Won 1st position in industrial model exhibition in Jinnah university for Women
- Participated in “Freeze drying process and its latest techniques”
- Organized and participated a symposium in Jinnah University for Women on topic of “Extending role of clinical pharmacist in our society”
- Certified author from European journal of pharmaceutical and medical research and IRJP
- Recently completed 4 weeks internship from Indus pharmaceuticals.
- Have been involved in organizing different formal and informal events.
- Participated in hands on CPR training program in 2017 and 2018 by Boschs medicus.
- Actively participated as organizing committee member in World’s Women Pharmacist day in 2017 and 2018.
- Actively participated as organizing committee member in organizing event of “Innovation in pharmacy practice for better tomorrow”.
- My IELTS score 6.5, given in 2017.
- Attended seminar on “Tablet manufacturing and science behind it” in University of Karachi.
- Attended seminar on “Natoli and it tableting skills” in University of Karachi.
- Had taken online course on “drug discovery”.
- Attended different webinars of different foreign universities including University of Oxford, Brunel University London.

Hobbies

- Reading books
- Internet: (Browsing, Mailing, and Searching of Informative & Islamic Websites).
- Interest in innovative things.
- Interested in conducting researches and publishing research proposal for benefiting the field of medicine for new era of exploring and making this field more beneficial for human life.

Publications

- Dr. Amber Nawab, Sidra Ghayas, Javeria Sheikh, Misbah Ansari, Mizna Iqbal; Awareness of eating disorder in different age group of females, World Journal of Pharmaceutical Research;2015, 4(7), 100-109. ISSN 2277– 7105
- Amber Nawab, Sidra Ghayas, Misbah Ansari, Mizna Iqbal, Javeria Sheikh; Awareness of eating disorder among different gender, European Journal of pharmaceutical and medical research, 2015,2(6), 24-28, ISSN 3294-3211

- Amber Nawab, Mizna Iqbal, Javeria Sheikh, Nousheen Shoukat, Misbah Ansari; Prevalence of Eating Disorder Gender Wise, American journal of pharmatech research, 2015; 5(6) ISSN2249-3387
- Amber Nawab, Misbah Ansari, Mizan iqbal, Javeria Sheikh, Nousheen Shaukat; Prevalence of eating disorder in working and non-working individuals, Innovation of Pharmaceuticals and Pharmacotherapy, 2015; 3 (4), 710-715. Eissn: 2321–323X, ISSN: 2395-0781
- Amber Nawab, Mehroz Kalim, Javeria Sheikh, Nousheen Shoukat. Dispensing of medication without prescription in Karachi, Pakistan. Int. Res. J. Pharm. 2016;7(3):39-43