

# Dr. NIMRA WAHEED

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## **OBJECTIVE:**

To lead a professional team of a large unit, utilizing professional knowledge, skills and experience in the best possible way to achieve the goals of the organization, growth and advancement of myself.

## **B. ACADEMIC QUALIFICATION:**

- **PhD (pharmaceutics);** enrolled in University Of Karachi in July 2018.
- **M.Phil (pharmaceutics);** Jinnah University For Women, Karachi in 2017 with CGPR 4.0.
- **Pharm-D ;** Jinnah University For Women, Karachi in 2011 with CGPR 3.67
- **Intermediate (Pre-Medical);** Sir Syed Govt. Girls College, Karachi in 2006 with A-Grade.
- **Matriculation (science);** St. Lawrence's convent girls' school in 2004 with A-1 Grade.

## **C. WORKING EXPERIENCE:**

- **PFIZER laboratory:** where I have done 6 weeks internship (30<sup>th</sup> January '12- 2<sup>nd</sup> March'12), got good working experience and excellent exposure.
- **Elko Organization (Pvt.) Ltd:** where I have done Internship (28<sup>th</sup> June'11- 16<sup>th</sup> July'11) and got brilliant exposure.
- **Macter International (Pvt.) Ltd:** where I have done my 4 weeks Internship (from 3<sup>rd</sup> January to on words) working activities and got luminous introduction.
- **Abbasi Shaheed Hospital** where I have done my 6 weeks internship (June'10-Jul'10) Internship.

#### D. TEACHING EXPERIENCE

- 3.10 years teaching experience as lecturer at ‘Jinnah University for women’ from 1<sup>st</sup> January 2015 till now.
- 2 years teaching experience at ‘The grand school’ from 1<sup>st</sup> January 2012 to 31<sup>st</sup> March 2014.
- 2 years teaching experience at ‘New Horizon Academy’ from 1<sup>st</sup> December 2004 to 20<sup>th</sup> January 2007.

#### E. PROFESSIONAL AFFILIATIONS

##### RESEARCH PUBLICATION:

1. Huma Dilshad, Safila Naveed and **Nimra waheed** .Comparative Study of Four Different Brands of *Captopril* Available in Karachi, Pakistan. Int. Res. J. Pharm, 5 (5):374-377; 2014 (ISSN 2230-8407).
2. Safila Naveed, **Nimra Waheed**. Comparative Study of Three Different Brands of *Doxycycline* Capsules Available in Karachi. Open Access Library Journal, 1: 1-7; 2014.
3. Safila Naveed **Nimra Waheed** and Sidra Ghayas. Awareness Regarding *Blastocystosis* Disease; a Neglected Zoonotic Disease. Mintage journal of Pharmaceutical & Medical Sciences, 3 (3): 15-16; July– Sep 2014.
4. Safila Naveed, **Nimra Waheed** and Safeena Nazeer.Degradation Studies of *Ampicillin* in API and FORMULATIONS .J App Pharm, 6(3): 314 -321; July, 2014 (ISSN 19204159).
5. Somia Gul, **Nimra Waheed** and Safeena Nazeer. Prevalence and Awareness Of *Migraine* In General Public Of Karachi. International Journal of Innovative Drug Discovery, 4 (3): 140-144; 2014 (ISSN 2249-7609).
6. Naveed S, **Waheed N**, Nazeer S .Degradation Study of *Metronidazole* in Active and Different Formulation by UV Spectroscopy. J Bioequiv Availab 6: 124-127; 2014 doi:10.4172/jbb.1000191.
7. Safila Naveed, Shabana Naz Shah, Fatima Qamar, **Nimra Waheed**, and Safeena Nazeer. Simple Uv Spectrophotometric Assay Of *Lincomycin*. International Journal of Pharmaceutical Research & Drug Development, 1 (2): 10-12; July 2014
8. Safila Naveed, **Nimra Waheed**, Safeena Nazeer, Fatima Qamar. Degradation Study of *Gentamicin* by UV Spectroscopy. American Journal of Chemistry and Applications. Vol. 1, No. 4, 2014, pp. 36-39.
9. Safila Naveed, Huma Dilshad, Shabana Naz Shah, Fatima Qamar, **Nimra Waheed**, Safeena Nazeer. Manufacturing of New Formulation of *Lincomycin* Capsule. International Journal of Clinical Medicine Research. Vol. 1, No. 4, 2014, pp. 128-131.
10. SAFILA Naveed, Shabana Naz Shah, Fatima Qamar , **Nimra Waheed**, And Safeena Nazeer. Simple UV spectrophotometric assay of new formulation *Gentamycin*. J App Pharm Vol. 6; Issue 4: 407-410; October, 2014.

11. Safila Naveed and **Nimra Waheed**. Simple UV spectrophotometric assay of *ciprofloxacin*. Mintage journal of Pharmaceutical & Medical Sciences; Vol 3 Suppl4:10-13; November, 2014.
12. Safila Naveed, Sheeba Urooj and **Nimra Waheed**. Degradation Studies of Different Brands of *Moxifloxacin* in Available in the Market. International Journal of Current Pharmaceutical Review and Research, 5(4), 110-116; 2014-15
13. Safila Naveed, Huma Dilshad, Shabana Naz Shah, **Nimra Waheed**, Safeena Nazeer and Fatima Qamar. Manufacturing of new formulation of *Gentamicin* capsule. Indian Research Journal of Pharmacy and Science. 2014:Dec.: 1(3) 23-27.
14. Safila Naveed, Safeena Nazeer, **Nimra Waheed** and Fatima Qamar. Degradation Study of *Lincomycin* by UV Spectroscopy. African Journal of Basic & Applied Sciences 6 (5): 131-134, 2014
15. Safila Naveed, Safeena Nazeer and **Nimra Waheed**. Degradation Study of Meloxicam by UV Spectroscopy. British Journal of Research.[1][1], 1-8 2014.
16. Safila Naveed, **Nimra Waheed** and Safeen Nazeer. Degradation Study of Different Brands of Cefixime by UV Spectroscopy. IntRJPharmSci.2014; 05(01); 23-26.
17. Safila Naveed\*, **Nimra Waheed**, Safeena Nazeer and Hina Rehman. Method Development of Mebeverine Hydrochloride by Using UV Spectrophotometric Method. International Journal of Applied Science-Research and Review. [2][1][2015] 001-005.
18. Safila Naveed, Farya Zafar , Huma Ali , Huma Dilshad, Fatima Qamar , Syeda S. Abbas , **Nimra Waheed** , Safeena Nazeer & Zehra Ashraf . RP-LC Simultaneous Analysis of Ranitidine and NSAIDS in Active Pharmaceutical Ingredient, Formulations and Human Serum. Lat. Am. J. Pharm. 34 (7):1-6 (2015)
19. Zehra Ashraf, Nimra Waheed, Erum Naz, Fatima Ahmed. Assay for Quantitative Analysis of Losartan Potassium by using UV Spectroscopy. Global Journal of Medical Research. 2015
20. Naveed, S., **Waheed**, N., Ashraf, Z., Nazeer, S., Qamar, F., Dilshad, H., Zafar, F. and Ali, H., 2016. Effect of Heat, Time and UV Light on Different Brands of Fluconazole by UV Spectrophotometric Method. *Asian Journal of Chemistry*, 28(2), p.447.
21. Naveed, S., **Waheed**, N., Ashraf, Z., Nazeer, S., Qamar, F., Dilshad, H., Zafar, F. and Ali, H., 2016. Effect of Acid and Base of Different Brands of Mefenamic Acid by UV Spectrophotometric Method. *Asian Journal of Chemistry*, 28(2), p.444.
22. Naveed, S., Qamar, F., Abbas, S.S., **Waheed**, N., Ashraf, Z., Nafees, M., Jawed, H. and Zainab, S., 2016. Study of Effect of Acidic and Basic Medium on Hydroxyzine by UV Spectroscopy. *Asian Journal of Chemistry*, 28(4), p.933.

## F. TRAINING

During internship, 2 day training seminar on HPLC in Pfizer Pakistan ltd IN 2012.

## G. CONFERENCE & SEMINAR

DATE	TOPIC	ORGANIZED BY
2 <sup>nd</sup> November 2017	Technology development funds.	Higher Education Commission
30 <sup>th</sup> & 31 <sup>st</sup> October 2017	World Women Pharmacists Day. From research to health care: pharmacist is at your service.	Jinnah University For Women
16 <sup>th</sup> March 2017	Hands on CPR awareness workshop.	Jinnah University For Women
16 <sup>th</sup> & 17 <sup>th</sup> March 2017	Exploring the innovations in pharmacy practice for better tomorrow.	Jinnah University For Women
19 <sup>th</sup> September 2016	World first ever women pharmacist day	Jinnah University For Women
1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> September 2016	Role of chemistry in environmental protection and drug development	Jinnah University For Women
13 <sup>th</sup> and 14 <sup>th</sup> April 2016	Research methodology workshop.	Pakistan Medical Research Organization
17 <sup>th</sup> October 2015	Extended role of pharmacist in patient care.	Jinnah University For Women
30 <sup>th</sup> September 2015	Navigating the future of community pharmacy in pharmacy.	Sheikh Zayed Auditorium, University Of Karachi.
15 <sup>th</sup> and 16 <sup>th</sup> September 2015	Integrating clinical care & public health in emergency medicine.	The Agha Khan University
18 <sup>th</sup> and 19 <sup>th</sup> August 2015	Symposium on Bioanalytical and bioequivalence studies.	International center for chemical and biological sciences, University Of Karachi.
18 <sup>th</sup> and 19 <sup>th</sup> November 2014	Symposium on Bioanalytical and bioequivalence studies.	International center for chemical and biological sciences, University Of Karachi.
21 <sup>st</sup> June 2014.	Approach to patient with surgical emergency	Dr. Essa Laboratory & Diagnostic Center
26 <sup>th</sup> June 2014	Healthcare Concerns and Phytotherapies	University of Karachi

## H. EXHIBITION AND QUIZ COMPETITION

- Participated in science exhibition at St. Lawrence's Convent Girls' Secondary School and awarded with first position in chemistry and biology subject.
- Participated in NIDO QUIZ CONTEST and awarded with first position in quarter final.

## **I. EXPERTISE IN COMPUTER**

- MS Excel
- MS Word
- MS Power point.
- SPSS
- DD Solver