

## ***NUSRAT MUJTABA***

### **OBJECTIVE:**

*Looking for a Challenging career to utilize my expertise in the field of Education and Academics to perform towards a challenging task, to utilize my abilities and capabilities in pursuit my career as academician.*

### **PROFILE:**

*Highly motivated Masters in Pharmacology with academic experience working as Senior-Lecturer.*

### **ACADEMIC QUALIFICATION:**

- *M.Phil. Pharmacology from Jinnah University for women (2013- 2017).*
- *Bachelor of Pharmacy from University of Karachi (2000).*
- *Intermediate in first division from Khatoon-e-Pakistan Govt. College (1995).*
- *Matriculation in first division from AMF Kamra, Attock (1992).*

### **PROFESSIONAL EXPERIENCE:**

- ***Currently working as a lecturer at JINNAH UNIVERSITY FOR WOMEN. (JAN 2015-Uptill).*** Where my job responsibilities are:
  - *Senior lecturer of Biochemistry, Pathology and Pharmacology & Therapeutics.*
  - *Dynamic Personality, well demonstrator and take part in extracurricular activities*
- ***Working as PHARMACY INCHARGE at BISMILLAH TAQI HOSPITAL [2003 – 2004].***  
*Regular Responsibilities:*
  - *Implementation and monitoring of adherence to the policies and procedures.*

- *Delegation of different tasks/assignments to the subordinate staff and monitor the performance.*
- *Periodic monitoring of different aspects of the pharmacy like documentation of expiry, controlled drugs etc.*
- *Inventory Management.*
- *Planning and budgeting.*
- *Signing of GRN's and receiving of items supplied directly to the pharmacy*
- *Conducting a perpetual expiry audit on quarterly basis in order to avoid any discrepancy regarding dispensing of expired or near to expiry drugs to patients.*
- *Making purchase requisitions of the demanded items not available in stock for local purchase and routine demand of medicines as per stock status*
- *Actively participating in head of the department meeting and highlighting problems, suggestions / proposals aiming for the betterment of services extending to the patients.*
  
- *Clinical Pharmacy:*
- ✓ *Monitor regular evaluation on all usage & dosage and ensure absence of all reactions*
- ✓ *Assist all patients with assessment of patient orders and prescription infusions.*
- ✓ *Analyze the laboratory data and all the required patient information and make recommendations to change dosage if required.*
- ✓ *Monitor pharmacy reconciliation of all medication and supervise all sterile mixing processes.*
- ✓ *Review all medications and equipment to ensure accuracy and effective functioning.*
- ✓ *Manage all communication with physicians & patients and assist to resolve all complaints within required time frame.*
- ✓ *Maintain record of all medication for patients and ensure absence of all discrepancies, side effects and drug interactions.*

*Additional Responsibilities:*

- *Conducting CME's of students and staff in order to groom their professional skills which in turn help in improving the quality of services offered by the department.*
- *Initiate, plan and implement the clinical rounds of pharmacists. Assists/counsel them regarding different aspects of clinical pharmacy and their role in improving patient care.*

● **PHARMA ASSOCIATE Sanofi Aventis Limited Pakistan [2001 – 2002]**

*Job Responsibilities:*

- *Develop sales strategies*
- *Carry out Potential analysis*
- *Provide research based information to doctors*
- *Organize and conduct seminars, camps and discussions*

- Visit doctors to reinforce drug sales
- Different session of professional training relevant to product marketing and customer development in term of sales is attended.

### **ACADEMIC EXPERIENCE:**

- **BAHRAI FOUNDATION COLLEGE {Feb 2013 – Oct.2013}**
  - As subject specialist for Biology, Chemistry and English at College level
  - Major responsibilities include teaching, Lesson plan development and Syllabus development, taking part in academic calendar development with the team.
- **SHAHEEN PUBLIC SCHOOL {August 2011 – December 2011}**
  - As subject specialist for the Science and English.

### **RESEARCH & PUBLICATIONS:**

- ✚ ONE QUALIFIED COMMUNITY PHARMACIST CAN SAVE ONE COMMUNITY WITHIN A NATION. BULL. ENV. PHARMACOL. LIFE SCI., VOL 4 [12] NOVEMBER 2015: 32-39 (THOMSON REUTER MASTER JOURNAL LIST INDEXED)
- ✚ NEW VALIDATION METHODE FOR SIMULTANEOUS ANALYSIS OF METHYLPARABEN & PROPYLPARABEN IN POLYHERBAL FORMU LATION (ORAL LIQUID DOSAGE FORM).PRESENTED IN 6TH NATIONAL PHARMACOGNOCY CONFERENCE ON “HEALTHCARE CONCERNS AND PHYTOTHERAPIES” ORGANIZED BY PAKISTAN SOCIETY OF PHARMACOGNOSY &NATURAL THERAPY PUBLISHED IN ABSTRACT BOOK OF CONFERENCE.
- ✚ NEW VALIDATED METHOD FOR ANALYSIS OF SALYMARIN IN POLYHERBAL FORMULATION (AQUEOUS EXTRACT, ORAL LIQUID AND SOLID DOSAGE FORM).
- ✚ AN EFFECTIVE CLINICAL PHARMACIST COMMUNICATION MAY BUILT PATIENT TRUST ON PHARMACIST OVER OTHER HEALTH CARE PROVIDERS: EVIDENCE BASED PRACTICE
- ✚ COMPARITIVE STUDY OF ECLAMCIA BETWEEN FEMALE WITH PRIMARY GRAVIDA & FEMALE WITH MULTIPLE GRAVIDA (ONGOING).
- ✚ EVALUATION OF CAUSATIVE AGENT FOR ABDOMENAL INFECTION IN PEADS PAKISTAN (ONGOING).
- ✚ NEOROPHARMACOLOGICAL SCREENING OF AURUM METALLICUM: A Golden Cure of Depression & Anxiety.
- ✚ ACUTE AND CHRONIC TOXICITY ASSESMENT OF AURUM METALLICUM. Safety profile of Gold.
- ✚ ASSESMENT OF BIOCHEMICAL PROFILE OF AURUM METALLICUM (ONGOING)
- ✚ PREVELENCE OF STUNTED HEIGHT OF CHILDREN IN GROWING AGE IN PAKISTAN (ONGOING)

### **PROFESSIONAL TRAINING:**

- ✓ *Trainee pharmacist at SHOUKAT KHANUM HOSPITAL AND RESEARCH CENTRE, Karachi clinical and operational pharmacy system.*
- ✓ *Training attended in QC- operations INDUS PHARMA (pvt.)Ltd, may 2014.*
- ✓ *Trainee pharmacist BROOKES PHARMACEUTICAL COMPANY eight weeks training in the production and quality assurance department*
- ✓ *Professional skills development under UNIVERSAL RESOURCES AND SOLUTION (June 17 to 21, 2013)*
- ✓ *Teaching and professional skills development training by HIGHER EDUCATION-COMMISSION*

### **COMPUTER SKILLS:**

- ❖ *SPSS*
- ❖ *MS WORD*
- ❖ *MS EXCEL*
- ❖ *Web browsing*

### **PROFESSIONAL ABILITIES:**

- ✓ *Ability to teach and participate in research work.*
- ✓ *Outstanding interpersonal communication skills of establishing positive relationship with customers, pharmaceutical representatives, medical professional and health care organizations.*
- ✓ *Experience of providing medicines management support to GP practices.*
- ✓ *Can work late evenings and weekends consistent with pharmacy opening hours.*
- ✓ *A thorough understanding of various drugs and how they react in humans and with each other.*
- ✓ *Hard worker and Good listener.*
- ✓ *Document detailing & file management*
- ✓ *Able to handle multiple tasks*
- ✓ *Proficient with basic computer skills*

### **SEMINARS & WORKSHOPS:**

- *Organizing CME on “Sterile Compounding & IV Preparation” at AMTF.*
- *Organizing CME on “living with Thalassemia: Striving for Healthy Mind” at AMTF.*
- *Attended seminar on “Nutritional Stress” by Youth Apprenticeship Program.*
- *Seminar Attended on “THROMBOSIS & STROKE PREVENTION” at AKU.*
- *Attended Seminar on “Pharmacovigilance” by Novartis.*
- *Seminar attended on title "Emerging Role of Pharmacist" organized by Pharm Evo.*

- *Attended Annual Neuroscience Meeting 2016 focusing on neuroscience research in Pakistan at AKUH.*
- *Poster Presentation in Conference on ' Role of chemistry in environmental protection and drug development of topic "Effects of Aurum Metallicum on CNS of animal model" at Jinnah University for Women*
- *Attended World Ever Women Pharmacist day on Community Pharmacy at JUW.*
- *Attended Seminar on pharmacist cares you on World Women Pharmacist day at HEJ.*

### ***Interest & Hobbies:***

- ❖ *Motivational speeches & presentations*
- ❖ *Organizing Events*
- ❖ *Reading books*