

NAJAF FAROOQ

OBJECTIVE:

Seeking for a job in challenging and dynamic environment where I can apply my knowledge, creativity & skills effectively and where I can learn and move towards personal & professional growth.

ACADEMIC QUALIFICATION:

Degree	Year	Institute	Grades
Mphil(Pharmaceutics)	2017	University Of Karachi	In progress
Pharm-D	2016	Jinnah University For Women	CGPA: 3.93 (1 st Position) <i>Gold medalist</i>
H.SC	2011	Sir Syed Govt. Girls College	A
Matric	2009	New Millennium Secondary School	A-1

ACHIEVEMENTS:

- Got Certificate of appreciation from Governor Sindh, Muhammad Zubair at Governor House for achieving Gold Medal.
- Received GOLD MEDAL for achieving highest CGPA among Professionals in APMF Award distribution ceremony in October 2017.
- Got certificate of appreciation from DR. Tahir Shamsi for active participation and keen observation during the pharmacy course at NIBD hospital.
- Got 2nd position in 1st rudimentary course on fundamentals of clinical pharmacy at NIBD in October-November 2014.

WORK EXPERIENCE:

- Working as a lecturer in Jinnah University For Women since February 2018.
- Worked as a pharmacist in Saifee Hospital July-September 2017.
- Internship at Dr. Ziauddin Hospital in June-July 2015.
- Internship at Abbasi Shaheed Hospital in January 2016.
- Internship at Epla Laboratories in QC department in June 2016.
- Completed two months rudimentary course on fundamentals of clinical pharmacy at NIBD in October-November 2014.

COCURRICULAR ACTIVITIES:

- Got 3rd position at poster competition held at JUW.
- Winner of quiz competition held by Science Society of Sir Syed Govt. Girls College.
- Participated in model competition at expo centre and got special prize.
- Participated in model competition in JUW.

- Arranged a Pharma camp on Diabetes.
- Attended 2nd National conference in Dow University Of Health Sciences.
- Attended symposium held in Ziauddin College Of Pharmacy.
- Attended seminar on Hospital Pharmacy in Jinnah University For Women.
- Attended seminar on Latest trends in clinical pharmacy practice in JUW.

Presented three posters at 6th Annual Research Day 2015 (Dow University Of Health Sciences) on:

- “Potential health benefits of spices as a weight reducing agent”.
- “Honey: A nectarous anti infective agent”.
- “Healthcare facilities in Karachi”.

Presented four posters at 7th Annual Research Day 2016 (Dow University Of Health Sciences) on:

- “Cytotoxicity of antiseptic agents”
- “Crimean Congo hemorrhagic fever”
- “Awareness and knowledge of a silent thief- Osteoporosis in Karachi’s people’
- “Metformin: A promising anticancerous agent”

Presented two posters in seminar on Challenges in health care system, held at JUW in 2016 on:

- “Non pharmacological use of *Daucus carota* juice (Carrot Juice) as dietary intervention in reducing Hypertension”
- “Awareness regarding an inflexible conformity and their relation; hepatitis C and diabetes”

PUBLICATIONS:

- Celecoxib as an effective COX-2 inhibitor for rheumatologic disorders: Efficacy and Safety Concerns. *AJSM*, 2018, 4(1):51-56.
- Comparative analysis of different brands of metronidazole infusion available in Karachi, Pakistan. *Int. J. Adv. Res. Biol. Sci.* 2016, 3(12): 135-140.
- Non pharmacological use of *Daucus carota* juice (carrot juice) as dietary intervention in reducing hypertension, *Enz Eng* 2016, 5(2).
- Dissolution profile of metronidazole film coated tablet 400 mg (flagyl) in the presence of different juices – an invitro study, *Int. Res. J. Pharm*, 2016;7(1).
- Awareness and knowledge of a silent thief- osteoporosis in Karachi’s people, *Merit Res. J. Med. Med. Sci.* 2016 4(4): 190-1950
- Health care facilities in Karachi's hospital, *AJPTR*, 2015; 5(6).
- Camel Milk: A boon to mankind, *IJRSB*, 2015; 3(11).
- A descriptive study of age at menarche, BMI and the relation of hygiene practices with urinary tract infections in upper-middle income women, *J. Chem. Pharm. Res.*, 2015, 7(3): 63-68.
- Honey: a nectarous anti-infective agent, *WJPPS*, 2015, 4(4).
- Review on green tea constituents and its negative effects, *The Pharma Innovation Journal*, 2015; 3(12): 34-40.
- Compounding and dispensing practices in Karachi’s hospitals, *JPPS*, 2014; 2(1).
- Assay of cimetidine tablet and comparison of Local and multinational brand using UV spectrophotometer, *American Journal of Chemistry and Application*, 2014; 1(4): 70-73

- Awareness, prevalence and medicated and non-medicated treatment of stress in Karachi, Pakistan, *WJPS*, 2014; 2(12):1642-1646.
- Natural narcotic agents: a mini review, *Journal of Pharmacy and Pharmaceutical Sciences*, 2014; 2(2).
- Assay of Enalapril tablet and comparison of different brands, *International Journal of Clinical Medicine Research*, 2014; 1(4): 132-134.

BLOGS:

- Neonatal hypoglycemia: consequences and management.
- Talking therapy, a way to cure several disorders.
- Understanding dehydration and its consequences.

SKILLS: Microsoft Office, Internet surfing, Communication Skills and Event Management.